

Camp Handbook

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Welcome and **THANK YOU** for registering your child for Eagle's Nest Owl's Roost (**ENOR**) **Environmental Discovery Camp!** Reviewing this handbook will ensure a successful week for your child and you. If you still have questions after reading the information, please contact the camp coordinator at the number below.

Camp contact information

CSU Extension Office

15200 W 6th Ave. Frontage Road, Unit C

Golden CO 80401

(303) 271-6620 - main office

(303) 271- 6637 – Sharon Moore, Camp Coordinator

srmoore@jeffco.us

https://jeffco.extension.colostate.edu/programs/enorenvironmental-discovery-camp/

Individual Supervisor numbers will be provided in a reminder email the week before your camp start date.

2025 Dates

June 9-13

June 16-20

June 23-27

June 30-July 4 – NO camp in session

July 7-11

Drop-off location

Drop-off location for all camp sessions will take place at the Jefferson County Fairgrounds, Barn #1, 15200 W $6^{\rm th}$ Avenue Frontage Road, Golden

Hours of operation NEW drop-off time

- Check-in is from 8:00 to 8:30 a.m. daily.
- Pick-up is between 4 4:30 p.m.
- No supervision is available prior to 8:00 a.m. or after 4:30 p.m. Parents must make daycare arrangements before and after these hours.

Every effort is made for groups to return by 4 p.m., but be advised that arrival time could be later due to unforeseen circumstances (heavy traffic, emergency bathroom stops, etc.)

Registration & required forms

Below are resources to help you prepare to send your child to ENOR Camp, as well as information about the registration process. The care of your child while at ENOR is our #1 priority! We adhere to a strict schedule that requires us to have your forms in ample time to provide specialized preparation to care for all children that participate in our program. We appreciate a parent's support and cooperation in this matter! Registration takes place through the CivicRec online registration system.

IMMUNIZATION RECORD – required for participation

- A current immunization record is required with completed and paid registration.
- **Immunization exempt campers -** a signed exempt form is required with registration.

If your child has attended ENOR camp previously, please contact the camp coordinator to confirm that your child's immunization is on file. Please provide an updated copy if your child has recently received a booster.

MEDICATION FORMS

If your child has a medical condition that requires taking medication during the camp day (inhaler, Epi-pen, etc.), the appropriate Care Plan/Medication Form will need to be completed and signed by a practitioner with prescriptive authority. Best practice for medications other than emergency meds, is to medicate your child at home before/after the camp day if possible.

- Care plans are due ASAP or no later than May 1.
- Signing up after May 1? forms are due ASAP or no later than 2 weeks prior to camp start date

Completed forms should be returned by one of the methods below. Parents are advised to keep a copy for their records.

- Upload on your CivicRec account (preferred method)
- Scan and email to srmoore@jeffco.us
- Mail to: CSU Extension Attn: ENOR 15200 W 6th Ave., Unit C Golden CO 80401

SUBMITTING YOUR CHILD'S MEDICATIONS AT CAMP

Medication will be received Monday morning at checkin. All meds MUST be in original packaging with the prescription label intact and must match the medication ordered by the prescribing physician. OTC meds must have the camper's name on the container. Expired medications will not be accepted.

PLEASE BE AWARE!!

<u>As per Colorado State Daycare Licensing Regulations</u>

- If it has been disclosed during the registration process, that a child has a medical condition that requires an *emergency medication* at camp (i.e. inhaler, epi-pen, seizure meds, etc.), and the medication is not provided Monday morning at check-in, the child WILL NOT be allowed to attend camp until the medication is provided.
- If parent/guardian chooses not to provide an emergency medication for a disclosed medical condition, no signed waivers will be accepted and

- the child WILL NOT be allowed to attend camp until the medication is provided.
- If we are first notified of a child's emergency
 medication requirement Monday morning at dropoff, or at any time during the camp week, without
 the proper paperwork and medication provided,
 the child WILL NOT be allowed to attend camp until
 the paperwork and medication is provided.

What to bring (in a BACKPACK)

Please be aware that your child will be out hiking the entire day. Pack the items below in a backpack sturdy and comfortable enough to be worn all day.

- 2 full water bottles (liter size or larger recommended) - Extremely important
- Healthy lunch & snacks (packed in manner to keep perishable food safe)
- Light coat or sweatshirt
- Rain poncho
- Hat
- Sunscreen
- Sunglasses
- Any medication (in original packaging with label intact) Appropriate form must be submitted prior to camp.
- *Owl's Roost Thursday for "Sun Day": one peel-able fruit such as an orange or Cutie
- *Eagle's Nest Friday for glacier visit: sturdy shoes with good traction, long pants, sunglasses, gloves, light jacket, hat

What not to bring

- Leave ALL ELECTRONICS at home! A week at ENOR
 is an opportunity to connect to staff and peers on a
 deep and personal level.
 - If an ENOR camper is found utilizing an electronic device during camp hours, the camp supervisor will collect the device. The item will be returned to the parent/quardian at the end of the day.
- Pocket knives
- Sugary snacks and drinks

Suggested dress

Wearing long, light-weight pants is suggested as campers spend time off the trail participating in activities in long grasses and in the woods. To guard against sunburn, light-weight t-shirts should be worn. (Tank tops not allowed). Comfortable, and sturdy footwear that is appropriate for walking all day is advised. Hiking boots are not required. (Sandals and flip flops are not allowed.) Your child's educator can give suggestions on which days are more suitable for shorts.

Absences

If your child cannot attend on any given day, please call the office at (303) 271-6637 and leave a message before 8 o'clock a.m. Leave your name, child's name, and camp

Sign-in/sign-out policy

- Campers must be signed in and out each day by parent or other authorized person noted on the Pick-up Authorization list.
- ALL authorized persons will be required to show ID.

After hours pick-up

If your child is not picked up by 4:30 p.m., we will make attempts to reach parents and other contacts listed on the emergency form. The director will be notified and if your child is not picked up by 5:00 p.m., authorities will be notified and a child-care fee of \$30 per $\frac{1}{2}$ hour will be assessed.

ENOR Cancellation Policy

We understand that situations arise that make it necessary to cancel your child's camp registration. Our refund policy is outlined below.

Cancellations must be in writing to Camp Coordinator via email to srmoore@jeffco.us, or mailed to 15200 W 6th Avenue, Unit C, Golden, CO, 80401.

Camp registration fees will be refunded according to the following schedule:

- Cancellations received by March 31, will receive a full refund, minus \$50 processing fee, per child that is registered.
- Cancellations received April 1 up to May 31 will receive a full refund, minus a \$100 processing fee, per child that is registered.
- Cancellations received on, or after June 1, forfeit full registration fee.

Refunds will be issued in the form of a credit card refund or check depending on the method of payment. Refund checks may take up to 4 weeks and will be mailed to you.

Parents also have the option to transfer their child's registration fee to another camp week within the same calendar year, based on availability. There is no processing fee for this option.

Other cancellation policies are as follows: Prior to Camp:

Cancellations due to illness or accident *prior* to the camp session start date require a physician's written verification. Upon receipt of verification, we will issue a full refund minus \$50 processing fee. Verification must be submitted prior to the child's session start date.

After your child's camp week has begun:

- No prorated credits will be issued for partial attendance at a camp session or missed days due to illness, behavioral issues, or any other reason.
- Missed days of camp are non-transferable (e.g., missed Friday and want to come back next week for a day).

ENOR's Distinctive Camp Culture

Distinct from other outdoor camps are ENOR's **FOCUS**, **OUTDOOR ACTIVITY, CARE, AND PARTNERSHIPS**.

ENOR's **FOCUS** is environmental education and youth development rather than recreation. Each day the curriculum highlights unique environmental and social themes that guide learning. Science, math, history, drama, art, and teamwork are woven into the activities to meet the diverse interests of the young learners.

OUTDOOR ACTIVITY: To encourage healthy lifestyles, active engagement with the outdoors, and perseverance through challenge, the camp day includes *hiking* in local parks and open spaces.

CARE: Campers are assigned to one caring educator for the week. This gives campers the opportunity to make a meaningful connection with their leader and peers, creating a pathway to comfort and safety, to support an environment of learning.

We do not accommodate requests for campers to be grouped with friends. To create a space that is welcoming to all campers, ENOR does not accommodate friend grouping requests. Grouping campers with friends inadvertently forms groups that easily become exclusive to some campers. The camp program includes small and large group activities throughout the day allowing for meaningful learning experiences in small groups, coupled with large group activities, giving friends the opportunity to spend time together with familiar AND new friends!

PARTNERSHIPS: Personalized instruction is paired with supplemental programming from several community partners that enhance the opportunity for the campers to broaden their horizons and interact with professionals in various fields.

Other camp guidelines and procedures

Transportation

Campers are transported to and from the drop-off location daily in transport vans driven by trained drivers. Written permission for transporting campers is granted by parent signature on ENOR waiver when registering.

Children's safety during transportation

Camp staff will conduct routine head counts when boarding and exiting vans. Vans will be parked in a manner that allows for safe loading/unloading out of the path of moving vehicles. Spotters will be used while backing vans from parking spaces.

Staff/child ratios will be maintained while driving campers.

Every child will remain seated and properly belted in seat while the van is in motion. Hands, arms, and heads will remain inside vehicle at all times. No horseplay is allowed.

The following situations are cause for dismissal from camp:

- Repeated failure to fasten seatbelt or wearing it incorrectly
- Repeated behavior that distracts driver from driving safely

Should a mechanical emergency arise, children will safely evacuate the van and remain on site until a replacement vehicle arrives. The Supervisor will notify the program director of mechanical failure.

Driver requirements

Drivers must be 20 years of age, hold a valid Colorado driver's license and acceptably pass an MVR check. All drivers will comply with all Colorado traffic laws. Drivers are certified in CPR/First Aid. Each van is equipped with an easily accessible first aid kit.

Drivers will:

- conduct a multi-point van safety check daily before departure.
- make a good-faith effort to ensure that each child is properly belted throughout the trip.
- make sure doors are secured at all times when the van is in motion.
- refrain from eating, using a cellular device, and remain focused on the road while driving.
- never leave campers unattended in van.
- maintain speeds at the posted speed limit, with top speed being no higher than 60 mph.

Rain days/other adverse weather

It is our practice to hold camp regardless of the weather. In the event of severe inclement weather, the specific procedures are outlined below. Parents/guardians are responsible for making sure that their child is dressed and equipped properly for the weather predicted for the day. If there are extreme extenuating circumstances that force us to cancel a day's program, there will be no refunds.

Lightning: During the threat of lightning, supervisors will monitor conditions and note changes. When available, a weather app on smart phone will be consulted to aid in making the decision whether to move the group to an alternate site. Staff will keep groups near each other so that if evacuation becomes necessary it can easily be communicated to all. At the supervisor's direction, staff will evacuate campers to the safety of the vans. In the event of a fast-moving storm, the group will wait out the threat on the vans and resume normal activities once the threat has passed. If the storm shows no signs of abating, the group will complete the day's activities at an alternate site. The supervisor will notify the camp coordinator of the group's whereabouts.

If the threat of lightning is imminent and evacuation imposes more of a danger than sheltering in place, campers will be led to a low-lying area away from tall trees and rocks. Campers will be instructed to crouch low, wrap their bodies over and around their legs, and make themselves as small as possible. Staff will remain calm and reassuring to campers.

Extreme Heat:

Heat above 90 degrees: pace will be slowed; hikes will be shortened.

Heat above **95** degrees: activities will take place in sheltered/shaded area, near parking lot.

Heat over 100 degrees: the day's program will be canceled, and no refunds will be given.

In all instances, water breaks will be increased, staff will carry misting bottles to help keep campers cool, and staff will monitor campers for signs of heat exhaustion and treat accordingly. Extra water will be available on the vans. Supervisors may consult with camp coordinator regarding opportunities to move the group to an indoor location.

All temperatures noted above, are referring to the temperatures predicted at the designated sites for the day – not for temperatures predicted for the Metro area.

Hail: In the event of hail, campers will be directed to cover their heads with their backpacks or hold their jackets over their heads to create a shield. Cover may be taken in a rock shelter or under a tree ONLY if the storm is not accompanied by lightning. If lightning is present, then campers will remain in place protecting their heads and faces while crouching in a low-lying area as described above.

Wildfires/Smoke: In the event of a wildfire or smoke from a fire present in a designated site, camp coordinator will consult with open space to assign an alternate site until it is determined that it is safe to return to the original site. If staff observes a fire while onsite, they will move away from it immediately, call 911 to make a report, and move the group to an alternate site.

Supervisor will notify camp coordinator of the group's whereabouts.

The camp office staff will monitor weather conditions throughout the day and alert supervisors to any incoming weather conditions that could be unknown to groups out in the field.

Air Quality Alert

GREEN – no action taken

YELLOW – Monitor campers that are known to be in a sensitive population, with special attention to those with an asthma diagnosis. Administer medications as necessary, according to asthma action plan.

ORANGE – All noted above as in yellow zone, plus increased breaks in activity, increased monitoring of all campers to identify those that may be experiencing symptoms. Parents have the option to keep sensitive children home for the day. Staff has option to return to base camp if several campers are struggling with adverse symptoms related to the air quality.

RED – Sensitive campers stay home for the day. Significantly reduce activity within the group. Planned hikes shortened for the day and activities that are less active will be used. Monitor campers as described above. Staff has option to return to base camp if several campers are struggling with adverse symptoms related to the air quality.

PURPLE – camp is canceled for the day as the health and safety of the campers would be compromised by spending the day outdoors.

No refunds will be given for a missed day at camp. All alert levels noted above, are referring to the level measured at the designated sites for the day, not for air quality measured in the Metro area.

Air quality will be monitored by referencing AirNow.gov.

Late arrivals

If you arrive at the drop-off site after your child's group has left (usually by 8:45 a.m.), it is your responsibility to make arrangements with the camp supervisor to meet up with the group either at the trailhead or at a designated location during the day's activities. You can reach the supervisors via cell phone.

Parental notification in case of child's illness, accidents and injuries

All staff are First Aid/CPR trained. Written authorization for emergency medical care is obtained. Authorization is kept by the supervisor and is available upon medical examiners request. Minor injuries are attended to on site. For non-emergency injuries that require medical attention, parent/emergency contacts will be contacted to pick-up child. If no parent or emergency contact can be reached, the child will be taken to the nearest medical facility. Medical emergency phone numbers and clinic addresses are listed in the curriculum notebook and in

the supervisor file. For more serious injuries or accidents, 911 will be called. A staff member will remain with the child throughout treatment. Once the emergency has been attended to, staff will notify the program director who will notify the parent.

Staff completes an injury report. This record is kept on file and a copy will be made available to the injured child's parent/guardian upon request.

ENOR Code-of-Conduct & Expectations

ENOR camp is an educational opportunity for your child. All rules and expectations are made to keep your child safe and to have youth leave with an outstanding educational experience. All campers have the right to learn and grow in a safe and supportive environment. By following the Code of Conduct, campers can create a safe and inclusive learning environment where all campers can thrive. It is the expectation that the parent/guardian and camper review and agree to the following Code of Conduct prior to attending camp.

At ENOR camp I agree to ...

...contribute to a positive and welcoming environment for everyone. I will be friendly, inclusive and respectful of others.

...be responsible for my own actions and have fun in ways that are safe to others and myself.

...keep my hands to myself. I will not push, hit or inappropriately touch another person. I will not touch another's personal property.

...not tease, taunt, gossip, bully, exclude, or intimidate anyone in any way.

...tell camp staff when I feel uncomfortable with any experience or need help at camp.

...commit to the team by working together with others, encouraging others and helping others.

...commit to not using electronic devices while at camp, so I can have fun making new friends and experiencing new things without the interference of electronics.

...challenge myself to actively participate in all scheduled activities.

...stay with my group at all times.

As a member of the ENOR camp community, I understand that this experience is for ALL campers. I understand the ENOR Camp expectations and agree to follow them.

Our education staff is dedicated to supporting all campers in their growth and learning in an unfamiliar environment. If/when inappropriate behavior occurs, staff will use techniques such as redirecting the camper to more appropriate behavior, speaking with the child one-on-one to see if there are any unspoken needs the

child has that is causing the behavior, or having the child take a break from activities to give them time to selfregulate their behavior.

If the inappropriate behavior continues, the camper will be reminded of the Code-of-Conduct guidelines and be asked to decide on action steps to correct the inappropriate behavior.

If a child's behavior still does not meet expectations and is disrupting the experience of other campers, a meeting between camp staff, parent/guardian and the camper will take place to determine what steps the camper will take to return to camp with a renewed commitment to following the Code-of-Conduct. The Code-of-Conduct will be signed by camper and parent/guardian as a sign of the camper's earnest pledge to amend unacceptable behavior.

If the steps above fail to correct the inappropriate behavior, the camper will be dismissed from camp and no refunds for missed days will be issued. The camp director will make the final decision on dismissal.

Situations that lead to an immediate dismissal/pick-up If any the situations below arise the Parents/Guardians are required to IMMEDIATELY pick up their child at any site and youth may not return if the following applies. No refunds will be issued:

- Dangerous Behavior: Anything impairing the ability of staff, and campers to keep each other healthy and safe. This includes an unwillingness to stay with the team.
- **Openly Defiant:** The dangerous behavior needs to be a choice, or openly defiant. Accidents can be forgivable and become teachable moments.
- Lacking certainty of future compliance: If we're not 100% certain that in the future, the participant will make choices that keep everyone safe.

Identifying where children are during camp

Maps and approximate timelines are available for each camp day. Camp supervisors are available via cell phone throughout the day (there are a few locations that do not get cell phone service). Camp educators are directly responsible for routine head counts throughout the day and during transition periods (i.e. bathroom visits, lunch, water breaks, after activities, etc.). Additionally, the camp supervisors are required to perform head counts at the beginning and end of each day and when campers are boarding and exiting the vans.

Lost children

All precautions will be taken to avoid these situations including frequent child counts and teaching children what to do should they become lost. Should a child become lost, an adult will backtrack to where they were last seen. If camp personnel are unable to locate a

camper after a brief (5-10 min.), but thorough sweep of the field location, the camper's parents (or other emergency contacts) and the program director will be notified immediately. Local authorities will then be notified at the parent's discretion and a formal search will be initiated until the camper is reunited with his/her group. The child's educator and supervisor will complete an incident report to be kept on file.

Staff's responsibility for supervision

Children are placed in small groups with a ratio of up to 1 adult for every 15 children. There is a maximum of 4 instructors, 1 alternate instructor and 1 Supervisor for each program (one set of staff for each age/grade group). Supervisors will be a minimum of 21 years of age, completed two years of college level education and have a minimum of one-year experience working with school age children. Every staff member carries a basic first aid kit. Safety rules including animal encounters, proper health and sanitation procedures, leave no trace techniques and wildfire procedures are covered at the beginning of the day during opening circle.

Each instructor is responsible for the safety and welfare of the children in their group. Every staff member is CPR/First Aid certified and each supervisor carries a cell phone. Children are to be counted periodically throughout the day by both their educator and the supervisor. Straying from the group is not allowed and will result in disciplinary action.

Youth volunteers are used for program support. All youth volunteers will go through an interview process, and training sessions. Volunteers are made aware of camp guidelines and procedures and will be under the supervision of site supervisor at all times.

Sanitation Plan

Perishable Food

Campers are responsible for carrying their own lunches, snacks, and water in their backpacks at all times. Staff does not handle camper's food at any time. Therefore, it is incumbent upon the parents to pack their child's lunch in a manner that keeps perishable foods safe. It is the parent's responsibility to provide food equivalent to at least 1/3 of their child's nutritional needs.

Hand washing

Children are out of doors hiking most of the day. Running water is generally not available and packing water is not feasible. Hand washing after toileting and before eating will be accomplished with pre-moistened, anti-bacterial wipes, or hand sanitizer. The adult attendant disposes of used wipes. Child may also opt to use water from their personal water bottle to wash hands.

Toileting

Children are instructed to use the facilities prior to boarding the school bus. Once on site, facilities are limited in frequency and type. Children are told in advance of the location and types of facilities so they can decide whether to use them at once, go al fresco, or wait. Composting toilets are in use in most Jefferson County Parks and Open Space. Facilities with running water are available at the some of the locations that the children visit. Children are expected to relieve themselves as needed.

Al fresco: Campers are directed to a discreet location of the trail, with staff member nearby. A cat-hole is dug if needed. Toilet paper is double bagged in baggies provided by staff and packed out by camper (in his/her backpack) as per leave no trace practices, and hands washed using running water if available or premoistened, anti-bacterial wipes, or water from personal water bottle. The adult attendant disposes of used wipes.

Children may opt to pack in sufficient water to accomplish hand washing if they so desire. Supervisors will carry pre-moistened hand wipes, with a listing of ingredients, or a child may opt to bring their own from home.

Withdrawal of childcare service

There are two possible reasons for Jefferson County Extension to withdraw childcare service, behavioral and health problems. Disruptive behavior that is deemed a safety risk to other children is an excusable example. Staff, including the program director, will attempt to work with the child and parent(s)/guardians to overcome the problem. Multiple complaints by parents of children attending the problematic child's session will be taken into consideration. The decision to withdraw service will be made by the program director. Verbal confirmation will be given to the parents of the offending child and no refund of registration fees given.

A child will be denied admission for the following health reasons:

- Symptoms synonymous with Covid-19: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, or runny nose
- The illness prevents the child from participating comfortably in camp activities
- 3. The illness results in a greater care needed than the childcare staff can provide without compromising the health and safety of the other children
- 4. and/or the child has any of the following conditions:
- fever and signs of illness.

- Lethargy, irritability, persistent crying, difficulty breathing, wheezing or other signs of possible severe illness
- Diarrhea or diarrhea with signs of illness (fever or vomiting) or stools that contain blood or mucus
- E.coli or shigella infection, until diarrhea resolves and 2 stool cultures are negative
- Vomiting illness (two or more episodes of vomiting in the previous 24 hours) until vomiting resolves or until a health care provider determines the illness to be non-communicable, and the child Is not in danger of dehydration
- Mouth sores associated with drooling, unless the health care provider has determined this is not a communicable disease
- Purulent conjunctivitis
- Impetigo, until 24 hours after treatment
- Strep throat, until 24 hours after treatment
- Head lice, until after the first treatment
- Scabies, until after treatment
- Chickenpox, until all lesions have dried and crusted, usually 6 days
- Pertussis (whooping cough) until 5 days of antibiotic therapy have been completed
- Other infectious diseases such as mumps, measles, and Hepatitis A, consult with your local health department

A parent may decide to withdraw their child from the program at any time. Refund, if any, will be decided on an individual basis by the program director.

ADA

Due to the outdoor venue and physical nature of the program, children must be sighted and ambulatory to attend camp. There are several hikes that are not suitable for non-sighted children as they are steep with loose rock, posing an accident hazard to the child. Reasonable accommodations will be made for children with disabilities other than those previously mentioned.

Children with specialized *medical* needs: Instructors are not specifically trained in the care of children with specialized medical needs. If your child has a condition requiring specialized medical attention, please contact the camp coordinator to see if accommodations can be made. Please keep in mind that our primary concern is

for the child's safety. ENOR complies with the American with Disabilities Act and the Nurse Practice Act.

Alternate pick-up site in the event of an emergency closure at the Fairgrounds

If the fairgrounds should be closed due to an emergency, parents will be notified by phone call from ENOR administrative staff, and via email. The alternate/emergency pick-up location is in the parking lot on the south side of the Colorado Mills Mall.

Tax ID

Make a note for taxes/FSA: TAX ID number: 84-6000774

Your child has been enrolled in the ENOR Environmental Day Camp a childcare program that is licensed by the Colorado Department of Human Services. The license indicates that the program has met the required standards for the operation of a childcare facility. If you have not done so, please ask to see the license and the last facility inspection.

Most licensed facilities make every effort to provide a safe and healthy environment for children. Unfortunately, on rare occasion, an incident for physical or sexual abuse may occur. If you believe that your child has been abused, you should seek immediate assistance from your county department of social services. The telephone number to report child abuse in your county is 303-271-HELP (4357) or statewide at 1-844-CO-4-Kids.

Colorado law requires that childcare providers report all known or suspected cases of child abuse or neglect.

Childcare services play an important role in supporting families, and strong families are the basis of a thriving community. Your child's education, physical, emotional, and social development will be nurtured in a well-planned and run program. Remember to observe the program regularly, especially with regard to children's health and safety, equipment and play materials, and staff. For additional information regarding licensing, or if you have concerns about a childcare facility, or if you would like to review a licensed facilities file, please consult the Colorado Division of Child Care at 710 S Ash Street, Denver, Colorado 80222 or at 303-866-5958.

