



# Camp Handbook

## Table of contents

Camp contact information.....	2
Camp hours.....	2
Registration & forms process .....	2
Base camp locations/dates.....	2
What to pack.....	3
Suggested dress .....	3
Absences.....	3
Cancellation policy.....	3
ENOR Camp Culture.....	3
Camp Guidelines and Procedures begin on.....	4
Program Tax ID number.....	6
Itineraries begin on .....	8

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Welcome and **THANK YOU** for registering your child for Eagle's Nest Owl's Roost (ENOR) Environmental Discovery Camp! Reviewing this handbook will ensure a successful week for your child and you. If you still have questions after reading the information, please contact the camp coordinator at the number below.

## Camp contact information

CSU Extension Office  
15200 W 6<sup>th</sup> Ave. Frontage Road, Unit C  
Golden CO 80401  
(303) 271-6620 – main office and absence line  
(303) 271- 6637 – Sharon Moore, Camp Coordinator  
[srmoore@jeffco.us](mailto:srmoore@jeffco.us)  
[www.jeffcoextension.org](http://www.jeffcoextension.org)  
Individual Supervisor numbers will be provided in a reminder email the week before your camp start date.

## Hours of operation

- Check-in is from 7:30 a.m. to 8:00 a.m. daily.
- Pick-up is between 4 – 4:30 p.m.
- No supervision is available prior to 7:30 a.m. or after 4:30 p.m. Parents must make daycare arrangements before and after these hours.

*Every effort is made for buses to return by 4 p.m., but be advised that arrival time could be later due to unforeseen circumstances (heavy traffic, emergency bathroom stops, etc.)*

## Registration & forms process

We view our relationship with our ENOR parents as a partnership! Below are resources to help you prepare to send your child to ENOR Camp, as well as information about the registration process. **The care of your child while at ENOR is our #1 priority!** We adhere to a strict schedule that requires we have your forms in ample time to provide specialized preparation to care for all children that participate in our program. We appreciate a parent's support and cooperation in this matter!

Registration takes place through the CivicRec online registration system.

<https://secure.rec1.com/CO/jefferson-county-extension/catalog>

**IMMUNIZATION RECORD** – required for participation

- A **current immunization record** is required **with completed and paid registration**.
- **Immunization exempt campers** - a signed exempt form is required with registration.

If your child has attended ENOR camp previously, please contact the camp coordinator to confirm that your child's immunization is on file. Please provide an updated copy if your child has recently received a booster.

## MEDICATION FORMS

If your child has a medical condition that requires taking medication during the camp day (inhaler, Epi-pen, etc.), the appropriate Care Plan/Medication Form will need to be completed and signed by a practitioner with prescriptive authority.

- Care plans are **due ASAP or no later than May 1**.
- **Signing up after May 1?** – forms are due ASAP or no later than 2 weeks prior to camp start date

**Failure to meet the deadlines outlined above puts your child's registration at risk of being forfeited.**

Completed forms should be returned by one of the methods below. Parents are advised to keep a copy for their records.

- **Upload on your CivicRec account (preferred method)**
- Scan and email to [srmoore@jeffco.us](mailto:srmoore@jeffco.us)
- Mail to: CSU Extension Attn: ENOR  
15200 W 6<sup>th</sup> Ave., Unit C  
Golden CO 80401

For confidentiality, and difficulty in tracking, we discourage faxed forms. Please contact Sharon at (303) 271-6637 or [srmoore@jeffco.us](mailto:srmoore@jeffco.us) if fax is your only viable option.

**Please be aware:** If we are first notified of a child's medication requirement Monday morning at drop-off, or at any time during the camp week, we reserve the right to deny your child's attendance, if deemed unsafe by the camp nurse. The child may return to camp once the appropriate, signed paperwork is received.

## 2024 Dates

June 10-14 – no Raptor's Retreat in session this week  
June 17-21 – no Raptor's Retreat in session this week  
June 24-28 – no Falcon's Aerie in session this week  
July 8-12 – no Falcon's Aerie in session this week

Camp is not in session during the week of July 1-5, to give families the opportunity to celebrate the Independence Day Holiday.

## Drop-off location

Drop-off location for all camp sessions will take place at the Jefferson County Fairgrounds, Barn #1, 15200 W 6<sup>th</sup> Avenue Frontage Road, Golden

## What to bring (in a BACKPACK)

Please be aware that your child will be out hiking the entire day. Pack the items below in a backpack sturdy and comfortable enough to be worn all day.

- 2 full water bottles (liter size or larger recommended) - *Extremely important*
- *Healthy* lunch & snacks (packed in manner to keep perishable food safe)
- Light coat or sweatshirt
- Rain poncho
- Hat
- Sunscreen
- Sunglasses
- Any medication (*in original packaging with label intact*) **Appropriate form must be submitted prior to camp.**

\***Owl's Roost Thursday for "Sun Day"**: one peel-able fruit such as an orange or Cutie

\***Eagle's Nest Friday for glacier visit**: sturdy shoes with good traction, long pants, sunglasses, gloves, light jacket, hat

## What not to bring

- Cell phones
- Technology of ANY type – camp is an opportunity to spend a week unhooked from technology connecting with other children!
- Pocket knives
- Sugary snacks and drinks

## Suggested dress

Wearing long, light-weight pants is suggested as campers spend time off the trail participating in activities in long grasses and in the woods. To guard against sunburn, light-weight t-shirts should be worn – NO tank tops. Comfortable, and sturdy footwear that is appropriate for walking all day is advised. Hiking boots are not required; *sandals and flip flops are not allowed* for the safety and comfort of the camper. Your child's educator can give suggestions on which days are more suitable for shorts.

## Absences

If your child cannot attend on any given day, please call the office at (303) 271-6620 and leave a message before 7:45 a.m. Leave your name, child's name, and camp name.

## Sign-in/sign-out policy

- Campers must be signed in and out each day by parent or other authorized person noted on the Pick-up Authorization list.
- ALL authorized persons will be required to show ID.

## After hours pick-up

If your child is not picked up by 4:30 p.m., we will make attempts to reach parents and other contacts listed on the emergency form. The director will be notified and if your child is not picked up by 5:00 p.m., authorities will be notified and a child-care fee of \$30 per ½ hour will be assessed.

## ENOR Cancellation Policy

We understand that situations arise that make it necessary to cancel your child's camp registration. Our refund policy is outlined below.

Cancellations must be in writing to Camp Coordinator via email to [rmooore@jeffco.us](mailto:rmooore@jeffco.us), or mailed to 15200 W 6<sup>th</sup> Avenue, Unit C, Golden, CO, 80401.

Camp registration fees will be refunded according to the following schedule:

- Cancellations received 60 or more days prior to camp start date will receive a full refund, minus \$50 processing fee, per child that is registered.
- Cancellations received 60 days or fewer before camp start date up to May 31, will receive a full refund, minus a \$100 processing fee, per child that is registered.
- Cancellations received on, or after June 1, forfeit full registration fee.

Refunds will be issued in the form of credit card refund or check depending on the method of payment. Refund checks may take up to 4 weeks and will be mailed to you.

***Parents also have the option to transfer their child's registration fee to another camp week within the same calendar year, based on availability. There is no processing fee for this option.***

**Other cancellation policies are as follows:**

### Prior to Camp:

- Cancellations due to illness or accident **prior** to the camp session start date require a physician's written verification. Upon receipt of verification, we will issue a full refund minus \$50 processing fee

### After your child's camp week has begun:

- No prorated credits will be issued for partial attendance at a camp session or missed days due to illness, behavioral issues, or any other reason
- Missed days of camp are non-transferable (e.g., missed Friday and want to come back next week for a day)

## **ENOR's Distinctive Camp Culture**

Distinct from other outdoor camps are ENOR's **FOCUS, OUTDOOR ACTIVITY, CARE, AND PARTNERSHIPS.**

ENOR's **FOCUS** is environmental education and youth development rather than recreation. Each day the curriculum highlights unique environmental and social themes that guide learning. Science, math, history, drama, art, and teamwork are woven into the activities to meet the diverse interests of the young learners.

**OUTDOOR ACTIVITY:** To encourage healthy lifestyles, active engagement with the outdoors, and perseverance through challenge, the camp day includes **hiking** in local parks and open spaces.

**CARE:** Campers are assigned to one caring educator for the week. This gives campers the opportunity to bond with their leader and peers, creating a pathway to comfort and safety, supporting an environment of learning.

***We do not accommodate requests for campers to be grouped with friends.*** However, we value that children are interested in sharing their ENOR camp experience with a friend. Therefore, the camp day is a balance of small and large group settings that allow all campers to spend time with familiar AND new friends! Additionally, it would be logistically challenging to honor friend requests in a manner that is fair to *all* campers. Summer camp is a great opportunity for children to practice the skill of making new friends and we ask parents to encourage and support their child in accomplishing this goal.

**PARTNERSHIPS:** Personalized instruction is paired with supplemental programming from several community partners that enhance the opportunity for the campers to broaden their horizons and interact with professionals in various fields.

## **Other camp guidelines and procedures**

### **Transportation**

Campers are transported to and from the drop-off location daily in Jefferson County school buses driven by certified drivers.

### **Children's safety during transportation**

Supervisors will conduct routine head counts when boarding and exiting buses. Children are transported daily in Jefferson County school buses using qualified drivers. Jeffco Public Schools bus rules apply to children being transported for all ENOR programs. Every child will remain seated while the bus is in motion, hands and arms will stay inside the windows. All children will face the front of the bus while it is in motion. No horseplay is allowed. Disruptive children will be seated with an

adult. The Supervisor has the option of requesting the bus driver pull over to the side of the road should he/she suspect mechanical difficulties. Should a mechanical emergency arise, children will safely evacuate the bus and remain on site until a replacement bus arrives. All buses are in contact with their base via short wave radio. In addition, the Supervisor will notify the program director of mechanical failures. Seat belts are available on buses for children with special needs.

### **Rain days/other inclement weather**

It is our practice to hold camp regardless of the weather. In the event of severe inclement weather, the specific procedures are outlined below. Parents/guardians are responsible for making sure that their child is dressed and equipped properly for the weather predicted for the day. If there are extreme extenuating circumstances that force us to cancel a day's program, there will be no refunds.

**Lightning:** During the threat of lightning, supervisors will monitor conditions, and note changes. When available, a weather app on smart phone will be consulted to aid in making the decision whether to move the group to an alternate site. Staff will keep groups near each other so that if evacuation becomes necessary it can easily be communicated to all. At the supervisor's direction, staff will evacuate campers to the safety of the bus. In the event of a fast-moving storm, the group will wait out the threat on the bus and resume normal activities once the threat has passed. If the storm shows no signs of abating, the group will complete the day's activities at an alternate site. The supervisor will notify the camp coordinator of the group's whereabouts.

If the threat of lightning is imminent and evacuation imposes more of a danger than sheltering in place, campers will be led to a low-lying area away from tall trees and rocks. Campers will be instructed to crouch low, wrap their bodies over and around their legs, and make themselves as small as possible. Staff will remain calm and reassuring to campers.

### **Extreme Heat:**

**Heat above 90 degrees:** pace will be slowed; hikes will be shortened.

**Heat above 95 degrees:** activities will take place in sheltered/shaded area, near bus parking lot.

**Heat over 100 degrees:** the day's program will be canceled, and no refunds will be given.

In all instances, water breaks will be increased, staff will carry misting bottles to help keep campers cool, and staff will monitor campers for signs of heat exhaustion and treat accordingly. Extra water will be available on the bus. Supervisors may consult with camp coordinator regarding opportunities to move the group to an indoor location.

All temperatures noted above, are referring to the temperatures predicted at the designated sites for the day – not for temperatures predicted for the Metro area.

**Hail:** In the event of hail, campers will be directed to cover their heads with their backpacks or hold their jackets over their heads to create a shield. Cover may be taken in a rock shelter or under a tree ONLY if the storm is not accompanied by lightning. If lightning is present, then campers will remain in place protecting their heads and faces while crouching in a low-lying area as described above.

**Wildfires/Smoke:** In the event of a wildfire or smoke from a fire present in a designated site, camp coordinator will consult with open space to assign an alternate site until it is determined that it is safe to return to the original site. If staff observes a fire while onsite, they will move away from it immediately, call 911 to make a report, and move the group to an alternate site. Supervisor will notify camp coordinator of the group's whereabouts.

The camp office staff will monitor weather conditions throughout the day and alert supervisors to any incoming weather conditions that could be unknown to groups out in the field.

### **Late arrivals**

If you arrive at the drop-off site after the buses have left (usually by 8:15 a.m.), it is your responsibility to make arrangements with the group supervisor to meet up with the group either at the trailhead or at a designated location during the day's activities. You can reach the supervisors via cell phone.

### **Parental notification in case of child's illness, accidents and injuries**

All staff are First Aid/CPR trained. Written authorization for emergency medical care is obtained. Authorization is kept by the supervisor and is available upon medical examiners request. Minor injuries are attended to on site. For non-emergency injuries that require medical attention, parent/emergency contacts will be contacted to pick-up child. If no parent or emergency contact can be reached, the child will be taken to the nearest medical facility. Medical emergency phone numbers and clinic addresses are listed in the curriculum notebook and in the supervisor file. For more serious injuries or accidents, 911 will be called. A staff member will remain with the child throughout treatment. Once the emergency has been attended to, staff will notify the program director who will notify the parent.

Staff completes an injury report. This record is kept on file and a copy will be made available to the injured child's parent/guardian upon request.

### **Discipline guidelines**

At ENOR we use positive reinforcement and focused intervention, such as redirection, reminders, or conversation to overcome most behavior conflicts. We can apply natural consequences, like taking a short break after ignoring boundaries. Each educator has a group of campers to guide and care for their safety. If an individual camper's behavior is taking time away from the educator's ability to guide the group, the following steps to resolve the unacceptable behavior will be taken.

#### **Three Step Process**

Please note, we immediately move to the next step if the camper misses a commitment, chooses defiance, or misunderstands the outcome of their choices.

#### **Step #1: Commit to Team**

Camper, Parent/Guardian and Camp Staff agree together to work towards the well-being of the team. The *camper* must write about their renewed commitment to make choices that support and contribute to their team.

#### **Step #2: Stay at Home**

If the camper fails at the Commit to Team step, they spend the following day at home, during which the *camper writes* about choices that will help them return. If this occurs near the end of the week, the camper may be asked to stay home at this point.

#### **Step #3: Go Our Separate Ways**

The camper is dismissed from the program, forfeiting any registration fees. Depending on the behavior, they may not be allowed to return to future ENOR camps.

#### **IMPORTANT**

Very few campers choose actions that bring them to Step #3. It's important to note that dangerous or obstinate behavior can skip directly to any step in the Three Step Process. While rare, we may require parent/guardian pick up the camper at the site.

#### **Situations that lead to an immediate dismissal/pick-up**

If any the situations below arise the Parents/Guardians are required to IMMEDIATELY pick up their child at any site and youth will not return if the following applies:

- **Dangerous Behavior:** Anything impairing the ability of staff, campers to keep each other healthy and safe. This includes an unwillingness to stay with the team.
- **Openly Defiant:** The dangerous behavior needs to be a choice, or openly defiant. Accidents can be forgivable and become teachable moments.
- **Lacking certainty of future compliance:** If we're not 100% certain that in the future, the participant will make choices that keep everyone safe.

## **Identifying where children are during camp**

Maps and approximate timelines are available for each camp day. Camp supervisors are available via cell phone throughout the day (there are a few locations that do not get cell phone service). Camp educators are directly responsible for routine head counts throughout the day and during transition periods (i.e. bathroom visits, lunch, water breaks, after activities, etc.). Additionally, the camp supervisors are required to perform head counts at the beginning and end of each day and when campers are boarding and exiting the buses.

## **Lost children**

All precautions will be taken to avoid these situations including frequent child counts and teaching children what to do should they become lost. Should a child become lost, an adult will backtrack to where they were last seen. If camp personnel are unable to locate a camper after a brief (5-10 min.), but thorough sweep of the field location, the camper's parents (or other emergency contacts) and the program director will be notified immediately. Local authorities will then be notified at the parent's discretion and a formal search will be initiated until the camper is reunited with his/her group. The child's educator and supervisor will complete an incident report to be kept on file.

## **Staff's responsibility for supervision**

Children are placed in small groups with a ratio of up to 1 adult for every 15 children. There is a maximum of 4 instructors, 1 alternate instructor and 1 Supervisor for each program (one set of staff for each age/grade group). Supervisors will be a minimum of 21 years of age, completed two years of college level education and have a minimum of one-year experience working with school age children. Every staff member carries a basic first aid kit. Safety rules including animal encounters, proper health and sanitation procedures, leave no trace techniques and wildfire procedures are covered at the beginning of the day during opening circle.

Each instructor is responsible for the safety and welfare of the children in their group. Every staff member is CPR/First Aid certified and each supervisor carries a cell phone. Bus drivers also carry cell phones, allowing the supervisor to contact them should an emergency arise. Children are to be counted periodically throughout the day by both their educator and the supervisor. Straying from the group is not allowed and will result in disciplinary action.

4-H youth volunteers are used for program support. All 4-H youth volunteers will go through an interview process, and training sessions. Volunteers are made aware of camp guidelines and procedures and will be under the supervision of site supervisor at all times.

## **Sanitation Plan**

### **Perishable Food**

Campers are responsible for carrying their own lunches, snacks, and water in their backpacks at all times. Staff does not handle camper's food at any time. Therefore, it is incumbent upon the parents to pack their child's lunch in a manner that keeps perishable foods safe. It is the parent's responsibility to provide food equivalent to at least 1/3 of their child's nutritional needs.

### **Hand washing**

Children are out of doors hiking most of the day. Running water is generally not available and packing water is not feasible. Hand washing after toileting and before eating will be accomplished with pre-moistened, anti-bacterial wipes, or hand sanitizer. The adult attendant disposes of used wipes. Child may also opt to use water from their personal water bottle to wash hands.

### **Toileting**

Children are instructed to use the facilities prior to boarding the school bus. Once on site, facilities are limited in frequency and type. Children are told in advance of the location and types of facilities so they can decide whether to use them at once, go al fresco, or wait. Composting toilets are in use in most Jefferson County Parks and Open Space. Facilities with running water are available at the some of the locations that the children visit. Children are expected to relieve themselves as needed.

Al fresco: Campers are directed to a discreet location of the trail, with staff member nearby. A cat-hole is dug if needed. Toilet paper is double bagged in baggies provided by staff and packed out by camper (in his/her backpack) as per leave no trace practices, and hands washed using running water if available or pre-moistened, anti-bacterial wipes, or water from personal water bottle. The adult attendant disposes of used wipes.

Children can opt to pack in sufficient water to accomplish hand washing if they so desire. Supervisors will carry pre-moistened hand wipes, with a listing of ingredients, or a child can opt to bring their own from home.

## **Withdrawal of childcare service**

There are two possible reasons for Jefferson County Extension to withdraw childcare service, behavioral and health problems. Disruptive behavior that is deemed a safety risk to other children is an excusable example. Staff, including the program director, will attempt to work with the child and parent(s)/guardians to overcome the problem. Multiple complaints by parents of children attending the problematic child's session will be taken into consideration. The decision to withdraw

service will be made by the program director. Verbal confirmation will be given to the parents of the offending child and no refund of registration fees given.

A child will be denied admission for the following health reasons:

1. Symptoms synonymous with Covid-19: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, or runny nose
2. The illness prevents the child from participating comfortably in camp activities
3. The illness results in a greater care needed than the child care staff can provide without compromising the health and safety of the other children
4. and/or the child has any of the following conditions:
  - fever and signs of illness.
  - Lethargy, irritability, persistent crying, difficulty breathing, wheezing or other signs of possible severe illness
  - Diarrhea or diarrhea with signs of illness (fever or vomiting) or stools that contain blood or mucus
  - E.coli or shigella infection, until diarrhea resolves and 2 stool cultures are negative
  - Vomiting illness (two or more episodes of vomiting in the previous 24 hours) until vomiting resolves or until a health care provider determines the illness to be non-communicable, and the child is not in danger of dehydration
  - Mouth sores associated with drooling, unless the health care provider has determined this is not a communicable disease
  - Purulent conjunctivitis
  - Impetigo, until 24 hours after treatment
  - Strep throat, until 24 hours after treatment
  - Head lice, until after the first treatment
  - Scabies, until after treatment
  - Chickenpox, until all lesions have dried and crusted, usually 6 days
  - Pertussis (whooping cough) until 5 days of antibiotic therapy have been completed
  - Other infectious diseases such as mumps, measles, and Hepatitis A, consult with your local health department

A parent may decide to withdraw their child from the program at any time. Refund, if any, will be decided on an individual basis by the program director.

## ADA

Due to the outdoor venue and physical nature of the program, children must be sighted and ambulatory to attend camp. There are several hikes that are not suitable for non-sighted children as they are steep with loose rock, posing an accident hazard to the child.

Reasonable accommodations will be made for children with disabilities other than those previously mentioned.

**Children with specialized *medical* needs:** Instructors are not specifically trained in the care of children with specialized medical needs. If your child has a condition requiring specialized medical attention, please contact the camp coordinator to see if accommodations can be made. Please keep in mind that our primary concern is for the child's safety. ENOR complies with the American with Disabilities Act and the Nurse Practice Act.

## Alternate pick-up site in the event of an emergency closure at the Fairgrounds

In the event that the daily drop-off/pick-up site should be closed due to an emergency, parents will be notified by phone call from ENOR administrative staff, and via email. The alternate/emergency pick-up location is at Red Rocks Community College for all weeks of camp.

## Tax ID

Make a note for taxes/FSA: TAX ID number: 84-6000774

## Your child has been enrolled in the ENOR Environmental Day Camp

a childcare program that is licensed by the Colorado Department of Human Services. The license indicates that the program has met the required standards for the operation of a childcare facility. If you have not done so, please ask to see the license and the last facility inspection.

Most licensed facilities make every effort to provide a safe and healthy environment for children. Unfortunately, on rare occasion, an incident for physical or sexual abuse may occur. If you believe that your child has been abused, you should seek immediate assistance from your county department of social services. The telephone number to report child abuse in your county is 303-271-HELP (4357) or statewide at 1-844-CO-4-Kids.

Colorado law requires that childcare providers report all known or suspected cases of child abuse or neglect.

Childcare services play an important role in supporting families, and strong families are the basis of a thriving community. Your child's education, physical, emotional, and social development will be nurtured in a well-planned and run program. Remember to observe the program regularly, especially with regard to children's health and safety, equipment and play materials, and staff. For additional information regarding licensing, or if you have concerns about a child care facility, or if you would like to review a licensed facilities file, please consult the Colorado Division of Child Care at 1575 Sherman Street, Denver, Colorado 80203-1714 or at 303-866-5958.



# OWL'S ROOST

## MONDAY

SOUTH PLATTE PARK

ENVIRONMENTAL THEME: **Water Day**

SOCIAL THEME: **Respect for the Environment**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Water Cycle
- \*Water's Incredible Journey
- \*Pond Exploration
- \*Water Conservation
- \*Wetlands Metaphor
- \*Boat Races

## TUESDAY

WHITE RANCH OPEN SPACE

ENVIRONMENTAL THEME: **Outdoor Survival Skills**

SOCIAL THEME: **Good Listener/Good Learner**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Tree Buddy
- \*Make a Signal
- \*What's in Your Backpack
- \*Compass Skills
- \*Tattoo Plant
- \*Hot & Cold

## WEDNESDAY

WHITE RANCH OPEN SPACE PARK (new trail)

ENVIRONMENTAL THEME: **Home & Habitats**

SOCIAL THEME: **Friendship/Communication**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Outdoor Museum Visit
- \*Animal Homes Census
- \*Real Estate Bonanza
- \*Habitat Lap Sit
- \*Going to Extremes
- \*Camouflage

## THURSDAY

ELK MEADOW OPEN SPACE PARK

ENVIRONMENTAL THEME: **Sun & Energy Day**

SOCIAL THEME: **Teamwork/Cooperation**

HANDS-ON ACTIVITIES & LEARNING GAME

- \*Wildflower Chase
- \*Ball of Sunshine
- \*Energy Talk
- \*Sneak Peak
- \*Fee Fi Fo Fum, I Wonder Where my Meal Comes From

## FRIDAY

ALDERFER THREE SISTERS OPEN SPACE PARK

ENVIRONMENTAL THEME: **Environmental Change**

SOCIAL THEME: **Social Theme Recap**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Forestry & Wildfire with Jeffco Open Space Rangers
- \*Real Estate Bonanza
- \*Habitat Lap Sit
- \*Going to Extremes
- \*Oh Deer!



Each day includes exploring & hiking between 1.5-2.5 miles





# EAGLE'S NEST

## MONDAY

REYNOLDS OPEN SPACE PARK

ENVIRONMENTAL THEME: **Colorado Trees**

SOCIAL THEME: **Friendship**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Hike to Eagle View
- \*Transpiration
- \*Dead Log Discovery
- \*Water Conservation
- \*Grandpa Tree Story
- \*Tree Hotel

## TUESDAY

GOLDEN GATE CANYON STATE PARK

ENVIRONMENTAL THEME: **Wildlife**

SOCIAL THEME: **Listening**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Compass Skills
- \*Sound Maps
- \*Streamside
- \*Oh Deer
- \*Predator/Prey
- \*N/S facing slopes

## WEDNESDAY

CENTRAL CITY & NEVADAVILLE

ENVIRONMENTAL THEME: **Colorado History**

SOCIAL THEME: **Respect**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Gilpin History Museum
- \*Gold Panning
- \*Cemetery Exploration
- \*Walk the trail of the miners to Nevadaville
- \*Perform Melodramas

## THURSDAY

GENESEE MOUNTAIN PARK & EDGAR MINE

ENVIRONMENTAL THEME: **Geology**

SOCIAL THEME: **Cooperation**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*The Wonder of Rocks
- \*Cooperation Games
- \*Rocky, Rock, Rock
- \*Mining History
- \*Tour of CSM Edgar Mine

## FRIDAY

ST. MARY'S SNOWFIELD

ENVIRONMENTAL THEME: **Subalpine Forests**

SOCIAL THEME: **Teamwork**

HANDS-ON ACTIVITIES & LEARNING GAMES

- \*Glacier vs Snowfield
- \*Sock Activity
- \*Lakeside Activities
- \*Self-arrest skills
- \*Snowfield Olympics



Each day includes exploring & hiking between 2-4 miles



# FALCON'S AERIE

## MONDAY

MEYER'S RANCH OPEN SPACE

**ENVIRONMENTAL THEME: Migration**

**SOCIAL THEME: Community**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Migration Story
- \*Monarch Migration
- \*Zoom in Journal Activity
- \*Hiking Resource Game
- \*Lost Letters

## TUESDAY

STAUNTON STATE PARK

**ENVIRONMENTAL THEME: Adaptation**

**SOCIAL THEME: Perseverance**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Explore Homesteading History in Jeffco
- \*Insect Hunt
- \*Cabin Building Skills
- \*Design a Homestead
- \*Adaptation Game

## WEDNESDAY

BEAR CREEK WATERSHED

**ENVIRONMENTAL THEME: Engineering the Environment**

**SOCIAL THEME: Problem Solving**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Presentation by Denver Water
- \*What is a Watershed
- \*Water Testing & Healthy Riparian Habitats
- \*Build a Bird Nest

## THURSDAY

FLYING J OPEN SPACE PARK

**ENVIRONMENTAL THEME: Environmental Challenges**

**SOCIAL THEME: Stewardship**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Forestry Presentation by Jeffco OS Rangers
- \*Engineering Design Process
- \*Road Building
- \*Bird Hurdles Obstacle Course

## FRIDAY

ALDERFER THREE SISTERS OPEN SPACE

**ENVIRONMENTAL THEME: Sustainability**

**SOCIAL THEME: Responsibility**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Hike to Top of Evergreen Mountain
- \*Chain Reaction Game
- \*Circle of Connection
- \*Create a Stewardship Poster



Each day includes exploring & hiking between 2-4 miles





# RAPTOR'S RETREAT

## MONDAY

MOUNT FALCON OPEN SPACE PARK

**ENVIRONMENTAL THEME: Preparedness & Safety**

**SOCIAL THEME: Responsibility**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Presentation by Outdoor Recreation Expert
- \*Emergency Shelter Building
- \*Consumer Decision Making Contest
- \*Real Life Stories Related to Theme

## TUESDAY

STAUNTON STATE PARK

**ENVIRONMENTAL THEME: Native Plants**

**SOCIAL THEME: Awareness**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Native Plants with Native Plant Masters (NPM)
- \*It's an Invasion! Game
- \*Native Plant Bingo

## WEDNESDAY

O'FALLON DENVER MTN PARK

**ENVIRONMENTAL THEME: CO Wildlife, Human/Wildlife Conflict**

**SOCIAL THEME: Respect**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Wildlife Biologist Presentation
- \*Wildlife Trivia Game                      \*Story Time
- \*Last Hiker Standing Game

## THURSDAY

ALDERFER THREE SISTERS PARK

**ENVIRONMENTAL THEME: Leave no Trace**

**SOCIAL THEME: Stewardship**

**HANDS-ON ACTIVITIES & LEARNING GAME**

- \*Leave No Trace Workshop
- \* Natural Resource Career Match Activity

## FRIDAY

RUTHERFORD TRAIL - GEORGETOWN

**ENVIRONMENTAL THEME: Immersing in Nature**

**SOCIAL THEME: Mental Health**

**HANDS-ON ACTIVITIES & LEARNING GAMES**

- \*Relaxing in Nature                      \*Special Spots
- \*Whose Story is It?                      \*Owl's & Crows



Each day includes exploring & hiking between 3.5-6 miles.

